

PROFESSIONAL CARDS.

JUSTICE OF THE PEACE.
J. H. QUINN, J. P.
Office at North Main street, Decatur, Ill.
J. H. QUINN, J. P.
Office at North Main street, Decatur, Ill.

DENTISTS.
J. H. QUINN, D. D.
Office at North Main street, Decatur, Ill.

AGENTS SMITH'S OPERA HOUSE.
J. H. QUINN, J. P.
Office at North Main street, Decatur, Ill.

PHYSICIAN AND SURGEON.
J. H. QUINN, J. P.
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Teacher of Dancing.
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The Steinway Piano!

The Geo. Steck & Co. Piano.

The J. & C. Fisher Piano.

The Mason & Rawlin Piano.

The National Organ.

The J. Goldstein's Music Store.

No. 4 Water St.

H. Mueller & Co.

Breech and Muzzle Loading.

Shot Guns!

Rifles, Revolvers.

Powder, Shot.

Supplies and Outfits.

Iron and Lead Pipes, also

Hose, Belting and Pack-

Age, Iron and Brass

Fittings.

GAS FIXTURES

RUBBER BUTTON

CHAIN PUMPS,

FORCE PUMPS, ETC.

Optum

Sheriff's Sale.

Redemption Notice.

Attorney-at-Law.

Attorney and Counselor-at-Law.

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Attorneys-at-Law.

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HOMEOPATHIST.

BENTON'S GAME OF BLUFF.

Towards the close of Senator Benton's

career he had the misfortune to

offend many of his old political

friends by leaning towards the anti-slavery

party in Congress. Benton felt that

he had done no wrong, and not being

daunted by their threats of opposition

he dared to come home and face his

enemies in their own strongholds. He

was truly an honest man, and felt that

he must throw himself upon the justice

of the people whom he was accused of

misrepresenting, and appeal to them to

sustain him at the polls.

While he was perfectly willing to

meet and debate the Wilcox provost

and other measures with the leaders of

the opposition, he was determined not

to be thwarted or annoyed by bush-

whacking politicians who were ready to

tackle him at every cross road grocery

store. On one occasion the Senator was

called to speak in a town in southwest

Missouri, and such a vast crowd turned

out to hear him that no hall in town

was large enough to hold the people.

Accordingly a rude stand was erected in a

grove near the town stand and the crowd

gathered around under the trees to see

and hear the man about whom they had

read and heard so much.

It was arranged by the anti Benton

ites, before the Senator's arrival, that a

young lawyer of the place should tackle

him during his speech by asking him a

number of hard questions, such as he

could not well answer without going back

on his demagoguery. The questions were

well chosen and had been committed to

paper and preserved for the occasion.

The young lawyer and his friends

chimed over their anticipated victory,

declaring that they would send old Tom

out of town with a flea in his ear.

Benton took the stand, and was pro-

ceeding to vindicate himself in his usual

eloquent manner, when the young law-

yer springing to his feet and demanded

the privilege of asking him a few ques-

tions.

Benton instantly assumed a most

defiant attitude and said:

"Take off your hat, sir, when you ad-

dress a gentleman!"

"Off come the hat!"

"What's your name, sir?"

"The young lawyer was beginning to

weaken. The crowd discovered that he

was frightened almost to death, that the

written document shook and rattled in

his hand, and all eyes were fixed upon

'CHEAP CHARLEY'

ONE PRICE ONLY.

STRAIGHT & SQUARE DEALING

THE

POOR MAN'S FRIEND,

FACTORY, 72 NORTH CLARK STREET, CHICAGO.

An Extreme Heavy Stock of

SPRING AND SUMMER GOODS!

REGARDLESS OF ANY PROFITS

AND SOME GOODS AT LESS THAN COST.

FOR THE NEXT THIRTY DAYS ONLY.

Now is Your Time to Buy

OVERCOATS,

HEAVY SUITS,

HEAVY PANTS,

Heavy Boots and Shoes,

Hats and Caps,

and Heavy Underwear,

At prices not to suit us, but to suit you and the times. We must make

room for New Stock, and we will do it.

Kaufman & Bachrach.

Flour! Flour!

Shellabarger & Co's

Flour is Giving Splen-

d Satisfaction.

Blacksmithing

WAGON WORK.

BROWN & PROVOST

Cor. Eldorado and Monroe sts.

REPAIRING

practical done in the best manner

Decatur, Jan 21 1878-dawit

FRESH MEATS!

F. M. Carver

W. H. Carver, formerly of the city of

Decatur, has been appointed

city clerk, and will be in the city

at all low prices as can be had in the city

and will be in the city at all low

prices as can be had in the city

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Redemption Notice.

NOTICES. Just say concern, that at a sale of state, county and special taxes, made in pursuance of law, in the county of Macoupin and State of Illinois, on the 22nd day of June, A. D. 1878, for the taxes for the year 1877, I purchased the following described tract of land, to-wit: South half of the northeast quarter of section 16, township 18 north, range 10 east of the 3rd principal meridian, taxed in the name of John D. Hancock, and that the time of the redemption thereof from said sale will expire on the 22nd day of June, A. D. 1878. JOHN N. HILLIS.

PROFESSIONAL CARDS.
JUSTICE OF THE PEACE.
N. A. North Main street, Decatur, Illinois.
J. H. HARRIS, Justice of the Peace.
DENTISTS.
J. H. HARRIS, D.D.S., 101 North Main street, Decatur, Illinois.
AGENTS SMITH'S OPERA HOUSE.
J. H. HARRIS, Agent.
PHYSICIAN AND SURGEON.
J. H. HARRIS, M.D., 101 North Main street, Decatur, Illinois.
Teacher of Dancing.
J. H. HARRIS, Teacher.
Attorney and Counselor-at-Law.
J. H. HARRIS, Attorney.
DENTISTS.
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J. H. HARRIS, M.D., 101 North Main street, Decatur, Illinois.
ATTORNEYS-AT-LAW.
J. H. HARRIS, Attorney.
HOMEOPATHIST.
J. H. HARRIS, Homeopathist.
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THE STEINWAY PIANO!
The Geo. Steck & Co. Piano,
The J. & C. Fisher Piano,
The Von Menden Piano,
THE MASON & HAWLIN
Cabinet Organ!
The Colouet, Polton & Co's
STANDARD ORGAN,
NATIONAL ORGAN,
J. C. GULDBSTEIN'S
Music Store,
NO. 4 WATER ST.,
Decatur, Illinois.
H. MUELLER & CO.
Manufacture and Dealers in
BREECH AND MUZZLE LOADING
SHOT GUNS!
RIFLES, REVOLVERS,
POWDER, SHOT
Sporismen's Outfits,
Iron and Lead Pipes, also
Hose, Belting and Pack-
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Fittings.
GAS FIXTURES
RUBBER BUTTON
CHAIN PUMPS,
FORCE PUMPS, ETC.

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Now is Your Time to Buy
OVERCOATS,
HEAVY SUITS,
HEAVY PANTS,
Heavy Boots and Shoes,
Hats and Caps,
and Heavy Underwear,
Kaufman & Bachrach.
At prices not to suit us, but to suit you and the times. We must make room for New Stock, and we will do it.

REDEMPTION NOTICES.
To A. A. Knight and G. W. Baker, or whom it may concern:
You are hereby notified that at a sale of lands and town lots for state, county and special taxes, made in pursuance of law, in the county of Macoupin and State of Illinois, on the 22nd day of June, A. D. 1878, for the taxes for the year 1877, I purchased the following described tract of land, to-wit: South half of the northeast quarter of section 16, township 18 north, range 10 east of the 3rd principal meridian, taxed in the name of John D. Hancock, and that the time of the redemption thereof from said sale will expire on the 22nd day of June, A. D. 1878. JOHN N. HILLIS.

TRUSTEE'S SALE.
WHEREAS, Jacob H. Andrus and Sophronia Andrus, his wife, of the County of Macoupin, State of Illinois, on the 15th day of April, A. D. 1877, conveyed to Jasper J. Andrus and Andrew Burr, co-trustees, the real estate hereinafter described, to-wit: A certain lot of land, situated in the town of Decatur, County of Macoupin, State of Illinois, and containing one acre, more or less, and that the time of the redemption thereof from said sale will expire on the 22nd day of June, A. D. 1878. JOHN N. HILLIS.

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Abstract The purpose of this study was to determine the effect of a 12-week, low-intensity, supervised walking program on the physical and psychological health of sedentary, middle-aged women. The study was a randomized, controlled trial. The subjects were 40 sedentary, middle-aged women who were randomly assigned to either a supervised walking program or a control group. The walking program consisted of 12 weeks of supervised walking, 3 times per week, for 30 minutes per session. The control group consisted of 20 women who did not participate in the walking program. The subjects were assessed at baseline and at 12 weeks. The walking program had a significant positive effect on the physical and psychological health of the subjects. The walking program significantly improved the subjects' physical health, as measured by the 6-minute walk test, and their psychological health, as measured by the Beck Depression Inventory and the State-Trait Anxiety Inventory. The walking program also had a significant positive effect on the subjects' quality of life, as measured by the SF-36. The walking program was well tolerated and had no adverse effects. The results of this study suggest that a supervised walking program can be an effective intervention for improving the physical and psychological health of sedentary, middle-aged women.

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of stamp

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HARPER & BROTHERS N. Y.

You are hereby notified that at a sale of lands and town lots for state, county and local taxes, made in pursuance of law, in the county of Hancock and State of Illinois, on the 23rd day of June, A. D. 1875, for the sum of \$1000.00, the undersigned purchased the following described tract of land, to-wit: Lot No. eight (8), in the west half of the south-west quarter of section No. fourteen (14), township No. sixteen (16), north, range No. two (2) east of the 3rd P. M. to be sold in the name of E. L. Baker and Jane, his wife, the redemption thereof from said sale will expire on the 23rd day of June, A. D. 1875.

W. STEINBACK,
Feb 13—clw

18 ACRES OF LAND

Section 13, township 18, range 1 east of the 3rd P. M. will sell for part cash and part on time, the next twenty days.

For further particulars enquire of W. MILLER, on the premises, or of JAMES M. STODOL,
No. 17 East Main street
Jan. 22, 1877

ND,
March, and
in truck,
RNJ 2
Y. Mo
Oct 5 40m

(The page contains faint bleed-through from the reverse side.)

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